



ADVOCARE® vs. STARBUCKS®

	ADVOCARE® Meal Replacement Shake & Coffeiccino	Starbucks® Grande Iced Café Mocha
Calories	290	350
Total Fat	8 g	20g
Total Carbohydrates	34 g	37g
Sugars	13 g	27g
Fiber	9 g	-
Protein	25 g	-
Total Caffeine	120mg	259-564mg
C:P:F: Ratio	47:34:25	42:0:51
COST PER SERVING	\$2.56	\$4.16

